

8. FATIGUE & REST

- 8.1 Fatigue is a hazard to personnel within the offshore industry and a threat to offshore safety. In view of this and to minimize the possibility of fatigue the following should be taken into account:
- the necessity for onboard relief for Master and crew in case of prolonged operations;
 - the effects of bad weather during offshore operations;
 - the level of onboard automation (bridge; E/R; deck machinery);
 - the need for proper onboard victualling arrangements;
 - voyage patterns and repairs/husbandry support;
 - crew training and competence;
 - the nature and extent of the work to be undertaken including special needs of the installation.
- 8.2 The OIM and Master should discuss the intended operation, taking into consideration the expected period of work and the prevailing conditions so as to minimise, as far as possible, the problem of fatigue and to ensure the Master and crew have adequate rest periods.