



# Exemption 31 medical declaration information

You are required to declare any medical conditions that affect, or may affect, your ability to perform duties under exemption 31.

If you have any of the medical conditions below, a copy of a current and valid [Certificate of Medical Fitness - Domestic Seafarers \(AMSA 1850\)](#) must be attached to your application for exemption 31 to prove you are either 'fit', or 'fit but with restrictions'. If your medical states that you are 'unfit' for service at sea, then you will not be able to operate under exemption 31 until you are reassessed as 'fit', or 'fit but with restrictions'.

For more information on medical fitness, refer to the [Standards for the medical assessment of near coastal seafarers](#).

## Medical conditions

- **Hearing** issues, including
  - Unclear speech or hesitation when you speak
  - Trouble hearing a whispered voice or a watch ticking(note: Hearing aids are acceptable provided that their use does not impede watch keeping duties being adequately performed)
- Concerns about your **eyesight** including a colour deficiency.
- Concerns about your **weight**.
- History of **heart conditions**, including:
  - Heart attack/s or angina(note: Pacemaker/defibrillator are acceptable provided that their use does not impede watch keeping duties being adequately performed and subject to six-monthly testing at a pacemaker clinic and cardiological review. Some vessels have strong electro-magnetic fields near communications equipment and aials which may affect pacemaker function.)
  - Irregular heartbeat/s
  - Other cardiovascular system issues
- **Respiratory conditions**, including:
  - Asthma



- Chronic obstructive pulmonary disease (COPD)
  - Pulmonary fibrosis
  - Pneumonia
  - Lung cancer
- **Musculoskeletal issues**, including:
  - Balance and coordination issues
  - Hernia that has not been corrected satisfactorily by an operation
- An **infectious disease**, including:
  - History of tuberculosis
  - HIV
  - Hepatitis A, B or C
- Taking **prescription medication**, including (but not limited to):
  - Mental health
  - Anaphylaxis
  - Asthma
  - Epilepsy or history of seizures
  - Diabetes (or other endocrine conditions)
- **Kidney conditions**, including:
  - History of kidney stones (renal calculi), infections or cysts
  - Urinary incontinence
- **Any other medical conditions**, or a physical or mental incapacity that may affect your ability to perform duties.