



# CERTIFICATE OF MEDICAL FITNESS

This Certificate of medical fitness is to be used by an AMSA appointed Medical inspector in conjunction with the following documents:

- [Standards for the medical examination of seafarers and coastal pilots](#)
- [Medical examination report \(AMSA 232\)](#)

Both of these documents can be found on the AMSA website: [www.amsa.gov.au](http://www.amsa.gov.au)

## The Standards

*Marine Order 76 (Health—medical fitness) 2017* requires that a Medical inspector have regard to the *Standards for the medical examination of seafarers and coastal pilots* and the relevant job task analyses contained within.

The assessment of medical fitness for service at sea is a matter for the Medical inspector's professional judgement. The Standards are to assist a Medical inspector in coming to a decision.

Part B of the Standards contains the medical standards including tests that are either desirable or essential to carry out. The Standards also suggest areas where it may be appropriate or mandatory to refer a person for further testing.

## Departments

### Deck:

Includes any seafarer serving as a Coastal pilot, Master, Chief mate, Mate, Watchkeeper deck

### Engineering:

Includes any seafarer serving as an Engineer class 1, Engineer class 2, Electro-technical officer, Engineer watchkeeper

### Integrated rating:

Includes any seafarer serving as a Chief integrated rating, Integrated rating

### Rating deck:

Includes any seafarer serving as Able seafarer deck, Rating navigational watch

### Rating engineering:

Includes any seafarer serving as Able seafarer engine, Rating engine room watch

### Catering:

Includes any seafarer serving as a Hotel manager, Chief steward, Steward, Marine cook, Caterer, Caterer attendant, Purser, working in the hospitality or hotel section of a vessel

### Other:

Includes any seafarer serving as a shop keeper, Entertainer, etc, not included above.

## Period of review/certificate expiry date

The maximum period of review for a Certificate of medical fitness is:

- Under 18/over 55—1 year
- 18 to 55—2 years.

If period of review is less than the above the Medical inspector should state the reason on the certificate.

## Seeking guidance

Any questions regarding the content of the Standards, Medical examination report or Certificate of medical fitness should be directed to the Sonic HealthPlus Seafarer administration team for referral to a senior occupational physician (if required):

Ph: 1300 277 904

Email: [seafarermedicals@sonichealthplus.com.au](mailto:seafarermedicals@sonichealthplus.com.au)

## Distribution of copies

SHP Seafarer administration team:

Duplicate (green) of the Certificate of medical fitness and a copy of the Medical examination report.

Scan and email clear/legible copies to [seafarermedicals@sonichealthplus.com.au](mailto:seafarermedicals@sonichealthplus.com.au) while the applicant is in the clinic.

SHP will advise within approximately 15 minutes via email if the certificate can be issued to the seafarer, or if further information is required.

If no response has been provided after approximately 15 minutes call SHP on 1300 277 904.

### Applicant:

Original (blue) Certificate of medical fitness must be given to Applicant, only after review and confirmation by SHP. If requested, copy of Medical examination report may also be given.

### Medical inspector:

Triplicate (white) Certificate of medical fitness and the original of the Medical examination report to be retained by the Medical inspector for a period of at least 30 years.

### Overseas applicants:

Medical inspector to retain a copy of the Medical examination report for a period of at least 30 years.

Forward a certified copy of Medical examination report (AMSA 232) and Certificate of medical fitness (AMSA 303) to:

Australian Maritime Safety Authority  
Seafarer Certification Service  
Operations  
GPO Box 2181  
Canberra  
ACT 2601  
AUSTRALIA



# CERTIFICATE OF MEDICAL FITNESS

To be used in conjunction with Medical Examination Report (AMSA 232)

This certificate is issued in compliance with:

- the *International Convention on Standards of Training, Certification and Watchkeeping for Seafarers 1978*, as amended (STCW) Regulation I/9,
- the *Maritime Labour Convention, 2006* (MLC 2006) Regulation 1.2,
- the *Navigation Act 2012* and
- Marine Order 76 (Health – medical fitness) 2017*.

Date of examination

Certificate expiry date (if unfit, enter date of examination)

Place of examination

- ACT  NSW  NT  QLD  SA  TAS  VIC  WA

Overseas:

## Applicant details (as recorded on proof of identity)

Family name

Given name(s)

Seafarer ID

Gender

- Male  Female  Indeterminate

Date of birth

Nationality

Permanent address

Email

Phone

Proof of identity (sighted by Medical Inspector)

- Passport, or
- Australian driver licence

Department (tick relevant boxes)

Deck Officer<sup>L</sup>

Engineering Officer<sup>H</sup>

Integrated Rating<sup>L,H</sup>

Rating-Deck<sup>L</sup>

Rating-Engineering<sup>H</sup>

Catering<sup>H</sup>

Other

<sup>L</sup>Denotes lookout duties apply

<sup>H</sup>Denotes Hepatitis A arrangements apply

## Declaration of the Medical Inspector

I have evaluated the above-named applicant and on the basis of the applicant's personal declaration, my clinical examination and diagnostic test results recorded on the Medical Examination Report,

I declare the applicant is:

- Fit – and is not suffering from a medical condition likely to be aggravated by, or to render him/her unfit for service at sea or likely to endanger the health of other persons on board.

Fit\* – with restrictions as detailed below.

Unfit\* – details and action taken shown below.

### \*Restrictions

Duties:

Location / vessel:

Medical / other:

- Must wear corrective lenses for distance vision
- Must wear corrective lenses for near vision

I can confirm the following (tick relevant boxes):

### Eyesight:

- Visual acuity meets standards  Yes  No - Unfit
- Applicant requires aids to vision  Yes (Specify restrictions)  No
- Colour vision meets standards  Yes  No (Specify restrictions)
- Date of last colour vision test

### Lookout duties

#### - Deck Officer only:

Fit for lookout duties  Yes  No - Unfit

#### - Integrated Rating, Rating-Deck only:

Fit for lookout duties  Yes  No (Specify restrictions)

### Hearing:

- Hearing meets standards  Yes  No - Unfit
- Unaided hearing satisfactory  Yes  No (Specify restrictions)
- Applicant used aids to hearing  Yes (Specify restrictions)  No

<sup>H</sup>Hep A (Engineering Officer, Integrated Rating, Rating-Engineering and Catering only):

Active immunity to Hepatitis A  N/A  Yes  No (Specify restrictions)

### Medical Inspector of Seafarers

Name

Signature

Official Stamp  
of Medical  
Inspector of Seafarers  
(please stamp  
all copies)

I acknowledge that I have been advised of the content of the Medical Examination Report and of my right to seek a review of the content of this certificate. In the event of a change in my medical status, I acknowledge the validity of this certificate should be reviewed by a Medical Inspector. If I am regularly taking long term medication, I will notify the vessel's master.

Applicant's signature